



EPISCOPAL HOUSE *of* PRAYER

April 2019



Words on Wisdom...

Greetings Dear Ones!

This month, we announce the first program of the second-half of the

Episcopal House of Prayer programmed retreat season (see below). When I spoke with our facilitators about

the offering, the question emerged about whether to continue to call the extended summer experience "Wisdom School," given that the original teachers and teachings have thoroughly shifted over the years. My strong sense was, "Of course we should continue!"

The stream of Wisdom teachings in all traditions, but especially in the Christian tradition, is a core marker of the Episcopal House of Prayer's identity. When we ask retreatants to "come away to a place apart," the invitation includes an assumption that when guests arrive they already carry seeds of Wisdom within. During our time on retreat, our fabulous teachers are charged with helping each one of us to recognize the seed of Wisdom within, hard-earned insights and common sense forms of knowing that have emerged from our ongoing encounters with the Sacred, found right in the muck and mess and beauty of daily life. I trust deeply that those of you who register for this summer's Wisdom School will experience a profound encounter with God, always already at work in our lives, waiting to be noticed and responded to.

In the meantime, I offer an invitation to a spring contemplation-in-action practice: each time you step in a bit of wet mud and muck this spring, pause, and consider a time when something difficult or challenging in your life may have turned into a blessing or gift.

Community Corner

Submitted by Rev. Patricia Benson Manager, EHOP and Member of the Contemplative Body

We do not become healers.
We came as healers. We are.
Some of us are still catching up to what we are.
We do not become storytellers.
We came as carriers of the stories
we and our ancestors actually lived. We are.
Some of us are still catching up to what we are.
We do not become artists. We came as artists. We are.
Some of us are still catching up to what we are.
We do not become writers.. dancers.. musicians.. helpers.. peacemakers.
We came as such. We are.
Some of us are still catching up to what we are.
We do not learn to love in this sense.
We came as Love. We are Love.
Some of us are still catching up to who we truly are.
- excerpt "Simple Prayer for Remembering The Motherlode" from The Contemplari
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ANNOUNCING...

Wisdom School, summer 2019

July 22-27

Places We Never Expected to Go:

Being with Vicissitudes



Offered by

Diane Millis, Ph.D, Rev. Bussho Lahn, Christine Luna Munger, Ph. D

In this year's Wisdom School, we will draw upon wisdom teachings from Judeo-Christian and Buddhist traditions and explore practices for "being-with" rather than bypassing the vicissitudes in our lives. We will also learn small-group practices for "being with one another" during difficult times.

Paradoxically, the spiritual life may be more, rather than less difficult, imploring us to investigate the inevitable difficulties, disappointments, and disruptions in our lives. Our shared spiritual inquiry during retreat will prepare us to face suffering as a mental, emotional, and spiritual reality, thus allowing for the fullest expression of divine and human life in our daily lived experience.

Each day on retreat will consist of retreat-leader teachings, periods of sitting and walking meditation, contemplative creative art activities, and contemplative conversations in small groups. We will carry light and joyful hearts as we engage our deep work.

[Register](#)

In gratitude...



Voice, Body, and Heart/Mind:

Doors of Awakening

Rev. Myo-O Marilyn Habermas-Scher

In April, an intimate group of retreatants gathered for Rev. Myo-O's first facilitated retreat with EHOP. Myo-O also serves as a member of the board. During our time together, we explored the role of the voice and body as part of our spiritual/physical make-up and we engaged in holy playfulness as well as serious spiritual probing.

Coming in May...



"A Darkness all of Light"

Rev. Martin Laird, O.S.A.

May 23 - 28, 2019

Please keep in mind and heart all those who will gather for an intensive contemplative retreat with long-time EHOP teacher Martin Laird, whose third book just came out in December:

[*An Ocean of Light: Contemplation, Transformation, and Liberation.*](#)

Note: we have just one opening left before this retreat fills.

Register

An Invitation to Contemplation...



Former EHOP Director/Steward,

David Keller

describes the contemplative life and offers an invitation to explore contemplation in action.

[*Click here to see the video.*](#)

The Episcopal House of Prayer is a contemplative ministry grounded in the Christian tradition, with locations in Collegeville and the Twin Cities in Minnesota.

This ministry is dedicated to supporting individuals and groups as they seek to be "formed into Christ" (Galations 4:19).

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